



THE REPUBLIC OF UGANDA  
MINISTRY OF HEALTH

# UGANDA POPULATION-BASED HIV IMPACT ASSESSMENT (UPHIA 2024-2025)

EVERY  
DROP  
COUNTS

## Key Messages

## Why UPHIA 2024-2025?

After years of scaling up HIV treatment, it is time to look at the HIV epidemic in Uganda and the impact of national prevention, care and treatment services.

- In many countries, this is the third time a Population-based HIV Impact Assessment (PHIA) survey is being carried out.
- For countries conducting an upcoming PHIA survey, it is an opportunity to take an in-depth look at the HIV epidemic through a nationally representative HIV assessment survey.

UPHIA 2024-2025 is a Ministry of Health (MoH) commissioned national survey that will help the health sector and all HIV and AIDS stakeholders to better understand the impact of HIV services in Uganda.

## UPHIA 2024-2025 Goals:

The goal of the survey is to examine the HIV situation in Uganda in order to assess the coverage and impact of HIV services at the population level and to measure HIV-related risk behaviors using a nationally representative sample.

The primary objective of UPHIA 2024-2025 is to estimate the following in a household-based, nationally-representative sample of persons aged 15 years and older:

- The proportion of people living with HIV who are virally suppressed in each region

UPHIA 2024-2025 will also estimate, among persons aged 15 years and older:

- The number of people living with HIV in Uganda and in each region
- Number of new infections at the national level
- Risky behaviors that may increase the probability of being infected with HIV
- Coverage of and barriers to HIV-related prevention, care, and treatment services
- Progress towards achievement of UNAIDS 95-95-95 targets
- Number of people with raised blood pressure, raised blood glucose and obesity

## How will UPHIA 2024-2025 be conducted?

UPHIA 2024-2025 aims to visit 7,000 randomly selected households to interview approximately 16,000 people. Each household is selected randomly, as if rolling a dice. Each household has an equal chance of participating in UPHIA 2024-2025.

- Households will be visited by survey staff trained in confidentiality procedures. They will obtain voluntary permission, known as informed consent, from participants and collect information through asking questions face-to-face.
- Staff will collect blood samples by venipuncture (drawing blood from a vein) and/or a capillary blood draw (fingerstick).
- All participants ages 15+ years will receive HIV counselling before and after they are tested or HIV.

UPHIA 2024-2025 will return the HIV and random blood sugar test results to participants immediately. Viral load and CD4 results will be returned within 12 weeks to a health facility of the participant's choice.

## Adolescents and UPHIA 2024-2025

We are inviting adolescents (15-17 years) to participate in UPHIA 2024-2025 to learn more about their health. In some areas, young adolescents 10-14 years may also be invited to participate in a small interview as part of the survey.

- We want to understand whether services are reaching adolescents and whether services are effective.
- All survey procedures are safe for adolescents.
- We will not invite any non-emancipated adolescent to participate without first asking their parent or guardian's permission.
- For adolescents, 10-17 years, we will also ask them if he/she agrees to participate.

## Why should I participate in UPHIA

Note: Please find below a menu of options based on who you are speaking to.

### For everyone:

- This survey is an opportunity to receive an HIV and random blood sugar test in the comfort of your own home.
- Testing regularly for HIV is recommended. If you test positive, treatment is available that can help you to live a healthy and long life. UPHIA 2024-2025 staff will provide counselling support to help you learn your HIV status and will make sure you know where you can go for HIV care.
- Regular monitoring of blood pressure and blood sugar helps in making an early diagnosis of hypertension or diabetes mellitus. This is helpful in taking early corrective measures leading to better control of blood pressure and/or blood sugar levels
- Your participation provides important information about health in Uganda and is an opportunity to contribute to the greater good.

### Men:

This survey wants to understand the health of men, so we can improve the health services available to men like you.

- As the head of the family, it is important for you to be aware of your health status and to ensure you are healthy for you and your family.

### Young people:

Young people are the future of Uganda. This survey wants to hear from young people so that we can improve services to help youth stay healthy.

## Women:

Women use the health system more than anyone else. This survey wants to understand how the health system is serving women's health and how it can be improved.

## People living with HIV:

If you are HIV-positive, this is a chance to get additional tests at no cost in the comfort of your home.

- People living with HIV will be able to share their experiences and challenges about receiving HIV care. This will help the Ministry of Health to improve their programs.
- UPHIA 2024–2025 is a chance for PLHIV to speak up and let the Ministry of Health know what they need.

## Medical Testing

UPHIA 2024–2025 staff are trained to reduce any pain or discomfort due to blood draw.

- UPHIA 2024–2025 staff will take a few teaspoons of blood from each adult participant. This is a very small amount compared to the amount of blood in your body. It is very safe to remove this small amount of blood.
- Blood will not be used for any purpose other than testing in a laboratory to understand HIV and other health issues in Uganda.
- Remember, testing is ALWAYS voluntary and is ALWAYS confidential.

## Privacy & Confidentiality in UPHIA 2024–2025

Your answers and test results are confidential. The UPHIA 2024–2025 team visit to your home is private and survey staff have been specially trained to protect your confidentiality.

They will not tell anyone that you participated in the survey or what you say during the survey. They will not tell anyone your test results.

- If you test positive for HIV, however, your results will be shared with a health facility of your choice, with your consent, for linkage to care purposes.

You can choose the location in or near your home where you talk with survey staff.

- You can choose to skip any question or stop the survey at any time. Nothing bad will happen if you do.



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